



Masters

South Island

Short Course Championship 2024

for abled and para swimmers

Date: 9 & 10 August 2024

Venue: Jellie Park, 295 Ilam Rd, Christchurch



MASTERS SWIM CLUB



Programme of Events

Session 1:

Friday evening 9 August
(warm up 5:45pm) Start 6.15pm

1. 200m Individual Medley (Para SMI-SM14)
2. 200m Backstroke (Para S6-S14)
3. 50m Butterfly (Para S1-S13)
4. 100m Breaststroke (Para SB1-SB14)
5. 1500m Freestyle (Para S6-S14)
6. 800m Freestyle (Para S6-S14)

Session 2:

Saturday morning 10 August
(warm up 9.30am) Start 10:00am

7. 4x50m Medley Relay – Women
8. 4x50m Medley Relay – Men
9. 400m Individual Medley (Para SM8-SM14)
10. 50m Freestyle (Para S1-S13)
11. 50m Breaststroke (Para SB1-SB13)
12. 200m Freestyle (Para S1-S14)
13. 200m Butterfly (Para S8-S14)
14. 50m Backstroke (Para S1-S13)
15. 4x50m Freestyle Relay – Women
16. 4x50m Freestyle Relay – Men

Session 3:

Saturday afternoon 10 August
(Warm up approx. 1 hour after Session 2 finishes) Start 30min after warm up.

17. 100m Freestyle (Para S1-S14)
18. 100m Backstroke (Para S1-S14)
19. 100m Individual Medley (Para SMI-SM14)
20. 200m Breaststroke (Para SB4-SB14)
21. 400m Freestyle (Para S6-S14)
22. 100m Butterfly (Para S5-S14)
23. 4x50m Medley Relay – Mix
24. 4x50m Freestyle Relay – Mix
25. Fun, Fitness and Friendship Mystery Relay

Number of lanes being used: 8

Para and able swimmers will be sorted into heats based on their registered times. The heats will mix able/para/gender/age groups. The availability of events to para swim classifications is specified in the parenthesis.

Entry Information and Costs

To enter, you need to be a current registered member of a master swimming club. (Jasi social member cost is \$35) and a financial member of NZMS (\$65).

All entries for NZMS swimmers must be placed through the Race Roster online system raceroster.com/events/2024/81285/south-island-short-course-championships

During the registration process you will have the option to register for the social event that will take place on Saturday evening.

Disclaimer: The organising committee, officers, agents and members will not be responsible for any claims, proceedings and damage whatsoever and howsoever arising directly or indirectly out of or in connection with participation in this meet.

Any questions phone or email the Meet Organiser Suzy Sugrue on 021928355 or sugrues@xtra.co.nz

Entry Fee:

\$60 per swimmer

Entries Close:

29 July 2024, 6pm

At the Location

Jellie Park has a small cafe called "Red" which offers a variety of drinks and cabinet food. Water fountains are available at the pool. Parking is available in front of Jellie Park and along Ilam Road.

Social Function

A social function will take place on Saturday 10th August starting at 5:30 pm, at the Five Star Vietnamese restaurant in Fendalton Village Mall at the corner of Ilam Road and Clyde Road. The cost will be \$42 per person for a set menu.

Meet Conditions

1. This meet will be swum short course. The pool depth is 2m. Care is required when diving.
2. World Aquatics Rules Governing Masters Swimming and Para Swimming will apply. All events will be swum as timed finals with over the top starts.
3. Swimmers must be current, at time of meet, financial members of NZMS (\$65), and affiliated to a masters swimming club. Alternatively, they can be a registered member of a master swimming club from abroad. Swimmers are welcome to join the Jasi Masters Club as a social member - please join on the Jasi Masters website.
4. Age groups are determined by age on 31st December 2024. All swimmers must be at least 20 years old.
5. Swimmers must enter their seed times during the online event registration:
 - a. Swimmers can consult the NZMS Results Browse for their previous results
 - b. If you have not competed in an NZMS meet you can take an average time for the event and your age group. Or enter a self-estimation time.
6. Entries close at 6pm 29th July 2024. Late entries will not be accepted. Meet entry is \$60.
7. No refunds after entries close. Refunds for medical withdrawals will be considered on receipt of a signed doctor's certificate.
8. Ribbons will be awarded to para and abled swimmers according to the rules of the Masters Point System:
 - a. Competitors may enter a maximum of 6 individual events (plus relays)
 - b. No points can be achieved through participating in relays
 - c. To achieve an official record, swimmers in relays must be at least 25 years old. Swimmers below this age can participate but their race will then not be eligible for an official record.
 - d. Ribbons will be awarded in relays to 1st, 2nd, 3rd, in each age group and event.
 - e. For the first place in a race in an age group the swimmer receives 6 points. For a second place 4 points, third place gets 3 points, etc.
 - f. A Red ribbon will be given to swimmers with the highest Master Point score sum per age group, gender and abled/para.
9. Swimmers who have entered both the 800m and 1500m freestyle events will swim the 1500m event only. Their split time will be recorded for the 800m event. Lap counters will be available for each swimmer.
10. Marshalling will be by the double doors in the Sports Pool area near Lane 1 (one). All swimmers must marshal for their events. Swimmers should be in the marshalling area 4 (four) races prior to their event for distances of 200m and under and at least 2 (two) races prior for 400m and above races.
11. Relay teams must have their relay entries handed into the recorder's desk by the end of session prior, i.e., entries for events 7, 8, 15 and 16 must be handed in by the end of session 1 and entries for events 23, and 24 must be handed in by the end of session 2. Relay forms will be available from the recorder's desk. Any changes to the entered relay, swimmers' names must be with the recorder's desk 30 minutes prior to the start of the session in which the relay is to take place. Event 25 is a relay that will be run as a non-competitive event and only if there is time at the end of the meet.
12. Strapping on a swimmer must be sighted and approved by the Referee and supported by a doctor or physio certificate prior to the start of the event.
13. If attempting to do a NZMS Record please let the Referee and Marshall know at the start of the session. NZMS Records sheets will be displayed on the results wall.
14. Protests shall be lodged as per SNZ policy 008 with \$100 cash.
15. The organisers will not be liable for any loss or damage during the period of the meet.
16. All participants must comply with the Sport's Anti-Doping Rules.
17. Participants who have entered this event agree to allow images (e.g., photography, or video) to be taken by accredited media approved by NZMS or host club.
18. The organisers reserve the right to restrict entries, combine events or alter the programme.

Para Conditions

19. Para swimmers must have at least a provisional classification.
 - a. Help with the classification process is available. Please contact christoph@bartneck.de for information and support.

- b. If a disabled swimmer does not have a classification, they need to contact Swimming New Zealand National Para Swimming Development Coordinator Cameron Leslie at cameron@swimming.org.nz at least one month before the event to arrange obtaining one. This can require a few medical assessments so please allow time for this to happen.
20. Para swimmers can participate in all the events offered, including events that are not typically offered for para swimmers, such as 100 IM.
- a. Swimmers that race in non-para events cannot receive Fair VWorld Para Swimming Points as the system doesn't have a formula for these events. They need to race as an abled swimmer.
 - b. Para swimmers can participate in the relays as abled swimmers.
21. Para swimmers are required to be part of a masters swimming club.
- a. Para swimmers are welcome to join the Jasi Masters club as a social member. Please contact christoph@bartneck.de to discuss this option and help with this process.
 - b. Para swimmers must also be a current financial member of New Zealand Masters Swimming (\$65). Please contact christoph@bartneck.de to help with this process too.
22. Racing
- a. Para swimmers register their events with a time. The time can be based on previous races or on a self-estimation. Para swimmers will not be assigned an age group average for a no-time registration since such averages do not yet exist. A self-estimation will be required.
 - b. Para and able swimmers are sorted into heats based on their registered times. The heats will mix able/para/gender/age groups.
23. Competition
- a. Para swimmers can choose to compete against other para swimmers, abled swimmers or both.
 - b. If a Para swimmer races in the abled class, then he/she will compete with their actual time and not with the Fair VWorld Para Swimming points.
 - c. Para swimmers compete against other swimmers of their own gender. They will compete with other para swimmers across all ages using the Fair VWorld Para System. This means that there will be a total of three female and three male ribbons.
24. Competing across classifications
- a. Para swimmers will compete across classifications using the Fair VWorld Para Swimming Points System (<https://doi.org/10.1515/jqas-2023-0051>). The times swum will be converted to points using this spreadsheet.
 - b. The swimmer with the highest point score becomes the first in the ranking. The swimmer with the second highest point score becomes the second in the ranking, etc.
 - c. Swimmers that compete in non-para events, cannot receive points.
 - d. Swimmers are awarded Masters Points according to these rankings as described in section 8.
 - e. Para swimmers with a partial qualification (e.g. only SB) automatically qualify for the NZMS class. The points for the NZMS class will be calculated based on the highest class available. For example, the NZMS class will use S10 for the sport class.
25. Disqualifications
- a. Para swimmers will be officiated in the water based on Fair VWorld Para Swimming rules. They will not be judged based on the abled swimmer rules even if they compete as an abled swimmer.
26. Marshalling will be by the double doors in the Sports Pool area near Lane 1 (one). All swimmers must marshal for their events. Swimmers should be in the marshalling area 4 (four) races prior to their event for distances of 200m and under and at least 2 (two) races prior for 400m and above races.