

Graham Condon Sundays for 2025 (as at 12 May 2025)

4 May	8-9am 9-10am	Faster lanes Slower lanes
18 May	8-9am 9-10am	Slower lanes Fast lanes
25 May	8-9am 9-10am	Faster lanes Slower lanes
15 June	8-9am 9-10am	Slower lanes Faster lanes
29 June	8-9am 9-10am	Faster lanes Slower lanes
20 July	8-9am 9-10am	Slower lanes Faster lanes
3 August	8-9am 9-10am	Faster lanes Slower lanes
24 August	8-9am 9-10am	Slower lanes Faster lanes
31 August	8-9am 9-10am	Faster lanes Slower lanes
7 September	8-9am 9-10am	Slower lanes Faster lanes
14 September	8-9am 9-10am	Faster lanes Slower lanes
2 November	8-9am 9-10am	Slower lanes Faster lanes
9 November	8-9am 9-10am	Faster lanes Slower lanes